

# PRP for Hair Loss

It is normal for everyone to shed some hair every day, but excessive hair loss can become big concern for both men and women. It can start with a just a few hairs falling out, or shedding when you comb your hair. Causes of hair loss are complex and can be inherited, or due to medications, underlying medical conditions or hormonal. Sometimes, this excess hair loss can progress to baldness.

At Best Health Hair Clinic, we perform PRP therapy as a proactive therapeutic option for male and female hair loss. PRP is an exciting non-surgical therapeutic option for patients who require stimulation of hair growth for hair loss conditions. Good results have been reported for PRP, although these vary from person to person.

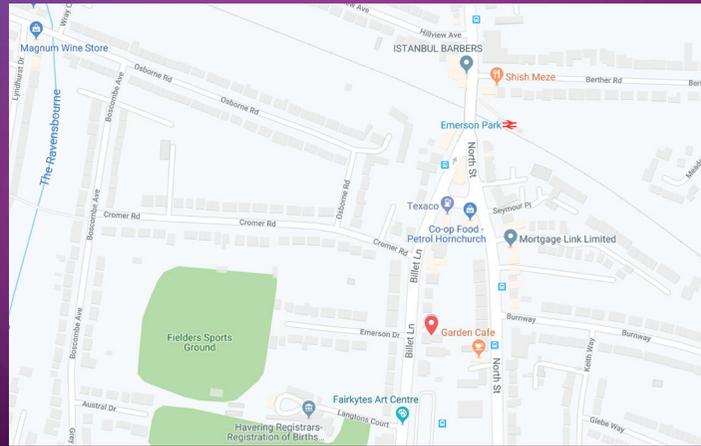
PRP was established two decades ago to be an effective medical treatment in the specialty fields of oral medicine, sports medicine and orthopaedic. In hair restoration, evidence supports PRP therapy as a promising treatment option to promote hair growth. While PRP is in the early stages of scientific research, PRP is not meant to replace current FDA approved therapies such as DHT blockers (Propecia) and Minoxidil. Other treatments for hair loss can include laser, medications and hair transplantation.



# HAIR LOSS | TREATMENT

## To find out more:

Please, book an appointment with our Hair Loss Doctor



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## PRP: PLATELET RICH PLASMA



📷 [besthealthclinics](https://www.instagram.com/besthealthclinics) | [bhclinics](https://www.facebook.com/bhclinics) | [Best Health Clinics](https://www.facebook.com/BestHealthClinics)





## PROCEDURE

Firstly 20 ml of blood will be collected from a vein, similar to having a routine blood test. The blood is placed in a special container containing anticoagulant. The container is then placed in a machine called a centrifuge where your blood is spun very fast for approximately 6 minutes.

When the centrifuge has stopped spinning, your blood components have now been separated. The concentrated platelets have been separated from your normal whole blood. The PRP, abundant in growth factors, is then injected into the scalp where hair thinning is present. There are no restrictions after the procedure.

BEFORE

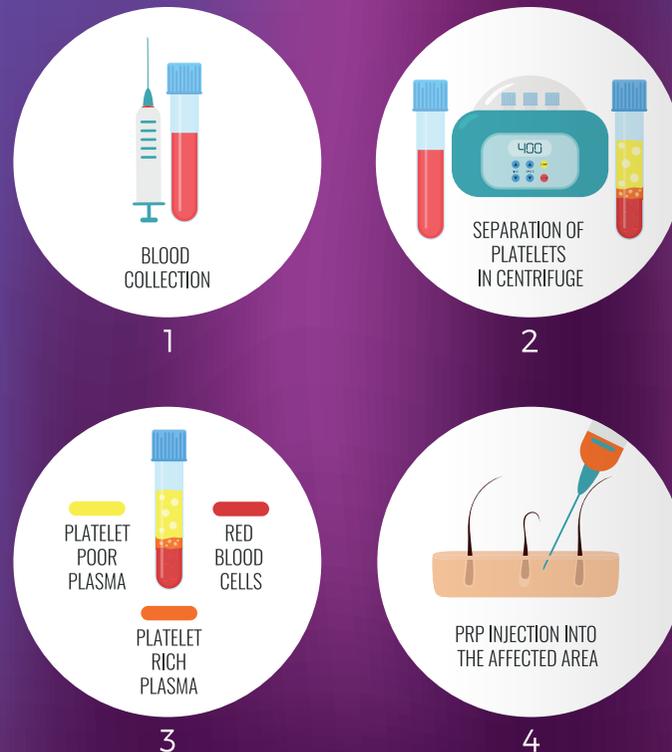
AFTER



## HOW DOES IT WORK

For the growth of hair, hair follicles have to be healthy. Hair follicles survive on the nutrients from your blood supply. PRP consist of your own blood plasma concentrated with 3-5 times the number of platelets found in normal circulating blood. These concentrated platelets contain protein and growth factors which attract stem cells to help stimulate hair follicle growth, increase circulation to hair follicles and decrease inflammation.

**PRP** is a safe procedure and side effects are minimal. These will be discussed with you fully, prior to the procedure by the doctor.



## TREATMENTS

**PRP guidelines** for hair loss: Three treatments at six to eight weeks apart. To maintain results we recommend additional treatments every six to twelve months. Each appointment takes approximately one hour and you will be given pre and post procedure instructions.

PRP is a **non-surgical therapy** in the treatment of hair loss and it can be used alone or in addition to other treatments including medication and hair transplant. There are many benefits of using PRP treatment to promote healing for hair growth. Highly concentrated growth factors in the form of platelets have been shown to stimulate new hair growth, thicken thinned out hair, and make hair transplants grow thicker and healthier.